

To brunch

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To share

Cesta Lato

Mix of fried cassavas, patacones and sweet potato sticks served with brava sauce, avocado hummus and spicy tree tomato sauce.

6.5 €

Extra sauce +1€

Bolones

Mix of three little bombs made with plantain, filled with either cheese or bacon served with berries coulis.

6€

Extra sauce +1€

Arepas from Pasto

Three white corn & fresh cheese arepas, topped 7.5 € with homemade guacamole, sour cream & beetroot hummus.

**arepas: traditional bread, using corn flour & water.





Toast

Humboldt Current Toast

Toasted sesame seed bread, topped with beetroot hummus & smoked salmon.



6.5 €

7.5 €





Can be ordered without gluten +€1

El Niño Toast

Toasted bread, topped with crushed avocado, sprinkled with chia & sunflower seeds & lashings of cilantro (coriander) oil with a free range poached egg.









With an extra egg +1€ Gluten free bread + 1€

Eggs

Mini Tigrillo

Scrambled eggs served with fried plantain, pancetta & melted fresh cheese. Served on toasted bread with one bolone.







8€

Omelettes Lat°

Choose three ingredientes:

bacon, mushroom, corn, cherry tomato, onion, mozzarella, plantain, ham.

All our omelettes are served with bread, potatoes, and coriander sauce (on the side).



Sweet

Flaco's tortillas

Two sweet corn flour discs, topped with fresh cheese and sour cream.







Classic Pancakes

Four pancakes coated with our homemade berry and yogurt coulis, served with berries and toasted coconut flakes.

7.5 €





Affogato

Vanilla ice cream with chocolate topping. drowned in our specialty coffee.

4€





Cinnamon Rolls

Classic or salted caramel, with red berry saue or ice-cream.

4€





Nutritional information





















To brunch

Page 02

9.5 €

11 €

Specials

Chimborazo

Pulled beef in criolla sauce, together with crunchy patacones, avocado, onions, lime and cilantro.

Add tree tomato ají +1€

9.9 €

9.9 €

Eggs Benedict

Eggs benedict: two poached eggs, bacon & cheddar cheese served on yuca flour waffles, topped with hollandaise sauce.

Salmon instead of bacon? +1.5€ Have it veggie with avocado instead

Lato Sandwich

Porchetta (pork) with tamarind sauce, tomato and lettuce served on cassava waffles and accompanied by sweet potato sticks.



Eggs benedict supreme

Eggs benedict: two poached eggs, bacon, fried plantain & cheddar cheese served on yuca flour waffles, topped with hollandaise sauce.

Salmon instead of bacon? +1.5€ Have it veggie with avocado instead

El Mono y el Serrano

2 Bao buns. One with chicken, agrio (tomato, onion, ají, cilantro) sauce and fried plantain. Another one with spicy tuna in mayo, crispy onion, arugula and avocado. Accompanied by fried potatoes bites.

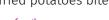
8.5€

Bread basket

2.5€

Extra sauce

1€





Prefer both to be tuna? +2€

Salad Mompiche

Spinach, strawberry, mango, apple, cashew, cucumber and prawn salad dressed with passion fruit honey.

9€







Want bread? +1 €



UNLIMITED MIMOSAS

23€ PER PERSON

CHOOSE TWO BRUNCH DISHES PER PERSON AND ENTOY ALL THE MIMOSAS YOU WANT FOR 1.15 HOURS

Nutritional information

















To ceviche

Page 04

12 €

17 €

8€

A super healthy and tasty traditional South American seafood dish. Fresh fish or seafood is freshly cured in citrus juice, and mixed with a variety of complimentary tangy, spicy & zesty flavours (depending on the origin and recipe), and served with salad vegetables and fruits.

12 €

16 €

Ecuador - Latitude o

Zesty & tangy Ecuadorian ceviche made with citrus cured tiger prawns, red onion, tomatoes, chopped cilantro (coriander) & marinated in the juices of lime, orange and tomato.



Northern Parallel

Creamy & crunchy Colombian ceviche made with citrus cured tiger prawns, sour cream, finely chopped red onion, cilantro/coriander & topped with fried sweet plantain chunks.



Southern Parallel

Made with citrus cured croaker, red onion & toasted corn marinated with a base of lime juice, cilantro (coriander) & ginger, served with finely sliced fried yuca and sweet potato amd corn.



The Equinox

Sweet ceviche made with citrus cured salmon, avocado, mango, red onion & cilantro/ coriander with a marinade of leche de tigre (tiger's milk) and tamarind.

**leche de tigre: the Peruvian name for the typical ceviche marinade of lime juice, sliced onion, chillies, salt, & pepper.

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Ceviche Amazónico 12 €

White fish ceviche with red onion, toasted corn, marinated in lime, coconut, coriander and ginger, served with sweet potate corno and cassava chips.



Ceviche de chocho japonés (Vegan)

Vegan ceviche with edamame, onions, tomatoes, coriander, lemon, orange and tomato sauce.







Drinks Menu

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Natural Juices		Specialty Coffee			
Each of these juices can be made with milk (+1€). Or with alternative milk: soy or oat (+1.5).		Espresso			1.5 €
		Double			1.8 €
Río Guayas					
Banana, açai and apple energy boster.	4.5 €	Latte (M)			3€
	• • • •				
Tomebamba		•		Capuccino (L)	
Antioxidant delight with raspberry, blackberries, strawberries and apple.	4.5 €	Americano	2€	Mochaccino	3.5 €
Pailón del diablo		Shakerato		Shakerato + Bayles	
Energy bumper with passion fruit mango and pineapple.	4.5 €				
		Flat White			2.5 €
Los Frailes		Macchiato			1.7 €
Vitamin kick with beetroot, mango, pineapple and ginger.	4.5 €				
		Chai latte / Matcha Latte			3.5 €
Quilotoa		Iced latte (XL) / Caramel Latte (XL)			
Superfood load with kale, spinach, mango and	4.5 €				
apple.		Andean fruit tea	3.5 €	Tea	2.5 €
Tortuga bay Refreshing juice of melon, mango, strawberry 4.5 €		Cocktails			
Refreshing juice of melon, mango, strawberry and apple.	4.5 €	Mimosa			5€
			Orange juice	and cava	
Machángara		Gin Tonic	Gin, schwepp	es and a squeeze of lime	7€
Banana, strawberry and apple juice.	4.5 €				
		Bloody Mary	tabasco, pepp		7€
Homemade lemonade	4 €	Pisco Sour		mple syrup, angostura,	
with mint			egg white and		9€
		Michelada	Beer, lime, tal	oasco, Lea & Perrins, Jugo	5€
Other drinks			Maggi, salt		
Water	2€	Gin Gin Mule	beer	rup, mint, lime, ginger	8€
Beer	2.5 €	Dark N Stormy	Rum, lime, gir	nger beer	8€
Coke, Fanta	2.3 €	Passion fruit Caipirinha Cachaça, simple syrup, lime,			8€
		passion fruit			