Breakfast Classics

El Niño Toast 7.5 €

LF · V · N

Can be ordered without gluten +1€

Toasted bread, topped with crushed avocado, sprinkled with chia & sunflower seeds & lashings of cilantro (coriander) oil with a free range poached egg.

Humboldt Current Toast 6.5 €

LF

Can be ordered without gluten +1€

Toasted sesame seed bread, topped with beetroot hummus & smoked salmon.

Yogurt Cotopaxi 7.0 €

 $L \cdot V \cdot N$

Jar of greek yogurt with coco chia pudding, granola, honey, fruit, cacao, passion fruit sauce and peanut butter.

Mini Tigrillo 7.5 €

L

Scrambled eggs served with fried plantain, pancetta & melted fresh cheese. Served on toasted bread with one bolone.

Omelette Supreme 12.50 €

3-egg omelette served on top of avotoast.

Choose three ingredientes for your omelette:

bacon, mushroom, corn, cherry tomato, onion, mozzarella, plantain, ham

Can be ordered without gluten +1€

To Share

Cesta Lat^o 6.5 €

GF · LF

Extra sauce +1

Mix of fried cassavas, patacones and sweet potato sticks served with brava sauce, avocado hummus & spicy tree tomato sauce.

Bolones 6.0 €

GF · L

Extra sauce +1

Mix of three little bombs made with plantain, filled with cheese served and served with berries coulis.

Arepas from Pasto 7.5 €

GF · L

Three white corn & fresh cheese arepas, topped with homemade guacamole, sour cream & beetroot hummus.

Specials

Eggs Benedict 10.5 €

GF · L

Salmon instead of bacon? +2€ | **Veggie instead of bacon +1€** Two poached eggs, bacon & cheddar cheese served on yuca flour waffles, topped with hollandaise sauce.

Eggs Benedict Supreme 12.0 €

Salmon instead of bacon? +2€ | Veggie instead of bacon +1€

Two poached eggs, bacon, fried plantain & cheddar cheese served on yuca flour waffles, topped with hollandaise sauce.

Chimborazo 9.9 €

GF · LF

Add tree tomato ají +1€

Pulled beef in criolla sauce, together with crunchy patacones, avocado, onions, lime and cilantro.

Lato Sandwich 9.9 €

GF · L

Porchetta (pork) with tamarind sauce, tomato and lettuce served on cassava waffles and accompanied by sweet potato sticks.

El mono yel serrano 9.9 €



Prefer both to be tuna? +2€

2 Bao buns. One with chicken, agrio (tomato, onion, ají, cilantro) sauce and fried plantain. Another one with spicy tuna in mayo, crispy onion, arugula and avocado. Accompanied by fried potatoes bites.

Mompiche Salad o.o €.

GF · LF · N

Spinach, strawberry, mango, apple, cashew, cucumber and prawn salad dressed with passion fruit honey.

Unlimited Mimosas

25€ per person

Choose two different brunch dishes (except for supremes) per person and all the mimosas you want during 1.15

Extra

Bread basket 2.5€

Extra sauce 1€



Ceviches

Ecuador - Latitude o 12.0 €.



Zesty & tangy Ecuadorian ceviche made with citrus cured tiger prawns, red onion, tomatoes, chopped cilantro (coriander) & marinated in the juices of lime, orange and tomato.

Northern Parallel 12.0 €



Creamy & crunchy Colombian ceviche made with citrus cured tiger prawns, sour cream, finely chopped red onion, cilantro/coriander & topped with fried sweet plantain chunks.

Southern Parallel 16.0 €



Made with citrus cured croaker, red onion & toasted corn marinated with a base of lime juice, cilantro (coriander) & ginger, served with finely sliced fried yuca and sweet potato amd corn.

The Equinox 12.0 €

GF · LF

GF · LF

Sweet ceviche made with citrus cured salmon, avocado, mango, red onion & cilantro/coriander with a marinade of leche de tigre (tiger's milk) and tamarind.

Amazonic 17.0 €



White fish ceviche with red onion, toasted corn, marinated in lime, coconut, coriander and ginger, served with sweet potate corno and cassava chips.

Ceviche de chocho japonés (Vegan) 8.0 €

Vegan ceviche with edamame, onions, tomatoes, coriander, lemon, orange and tomato sauce.

Sweets

Pancakes - Berries or Lime? 8.5 €

Can be ordered with ice cream +1€

Choose between four pancakes coated with our homemade berry and yogurt coulis or served with milky cream lime sauce and vanilla crumble.

Flaco's tortillas 7.0 €

GF · L

Two sweet corn flour discs, topped with fresh cheese & sour cream.

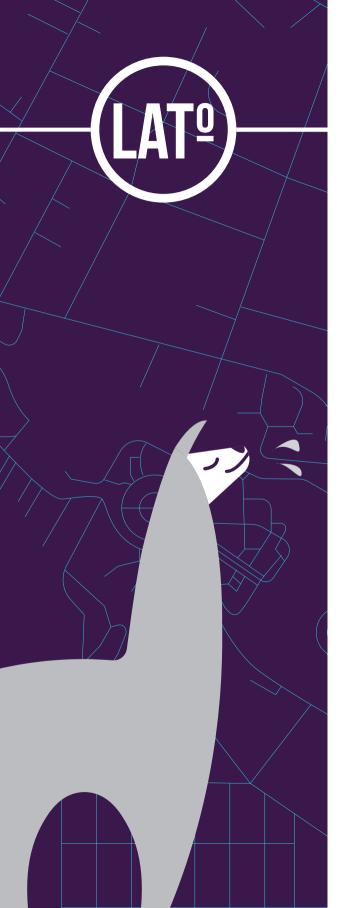
Affogato 4.5 €

GF · L

Vanilla ice cream with chocolate topping, drowned in specialty coffee.

Cinnamon Rolls 4€

Classic or salted caramel,: with red berry sauce or ice cream **DelaCrem** (+1€).



Natural Juices

Each of these juices can be made with milk (+1€). Or with alternative milk: soy or oat (+1.5€).

Río Guayas Banana, acai and apple energy boster.	4.5 €
Tomebamba Antioxidant delight with raspberry, blackberries, strawberries and apple.	4.5 €
Pailón del diablo Energy bumper with passion fruit, mango and pineapple.	4.5 €
Los Frailes Vitamin kick with beetroot, mango, pineapple and ginger.	4.5 €
Quilotoa Superfood load with kale, spinach, mango and apple.	4.5 €
Tortuga bay Refreshing juice of melon, mango, strawberry and apple.	4.5 €
Machángara Banana, strawberry and apple juice.	4.5 €

Specialty Coffee

Espresso			1.5 €
Double			2 €
Latte (M)	2€	Latte (L)	3€
Capuccino (M)	2.2 €	Capuccino (L)	3€
Americano	2.2 €	Mochaccino	3.5 €
Flat White	2.5 €	Macchiato	1.7 €
Shakerato			3€
Shakerato+Bay	les		4€
Chai Latte / Match Latte		3.5 €	
Iced Latte (XL) / Caramel Latte (XL)			3.5 €
Andean Fruit	Геа		3.5 €
Sweet, dry fruit tea Tea			2.5 €
		rooibos, camomile. mint. wder with milk	4€



Other Drinks

Water	2.0 €
Beer	2.5 €
Coke , Fanta	2.3 €

Cocktails

Mimosa	Orange juice and cava	5€
Gin Tonic	Gin, schweppes and a squeeze of lime	7€
Bloody Mary	Tomato, vodka, lemon, Lea & Perrins, tabasco, pepper and salt	7€
Pisco Sour	Pisco, lime, simple syrup, angostura, egg white and cynnamon	9€
Michelada	Beer, lime, tabasco, Lea & Perrins, Jugo Maggi, salt	5€
Gin Gin Mule	Gin, simple syrup, mint, lime, ginger beer	8€
Dark N Stormy	Rum, lime, ginger beer	8€
Passion fruit Ca	ipirinha Cachaça, simple syrup, lime, passion fruit	8€